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NEWYESLASER  
BY EYECOS

## INSTRUCTIONS

### TWO DAYS BEFORE LASER

- Put 1 drop of Timolol 0.50% or Cosopt every 8 hours
- Put 1 drop of Tobradex or Genra-Dexa or Maxitrol every 8 hours

### EVERY LASER SESSION

- Put 1 drop of Timolol 0.50% and 1 drop of Tobradex every hour during first 5 hours, and then every 2-3 hours until midnight.
- Take 1 Ibuprofen/Enantyum pill after lunch
- Keep head up first 5 hours
- Rest and avoid physical efforts, just walk
- Protect yourself from heat and sun
- If strong pain call to doctor: +34 696551011

### AFTER FINISHING LASER SESSIONS

- Put 1 drop of Timolol 0.50% + Tobradex 3 times/day during 10 days
- Put 1 drop of Tropicamida just before going to sleep for 4-5 nights
- Call to doctor: +34 696551011

### FOR 3-4 MONTHS

- Put natural tears 3-4 times/day
- Hyloparin, Isopto B12 or Visionlux

### TWO MONTHS AFTER LASER

- Send eye photos to check by App Eye Selfie
- Ask for next step & appointment by App MyNeweyes or email [info@eyecos.eu](mailto:info@eyecos.eu)